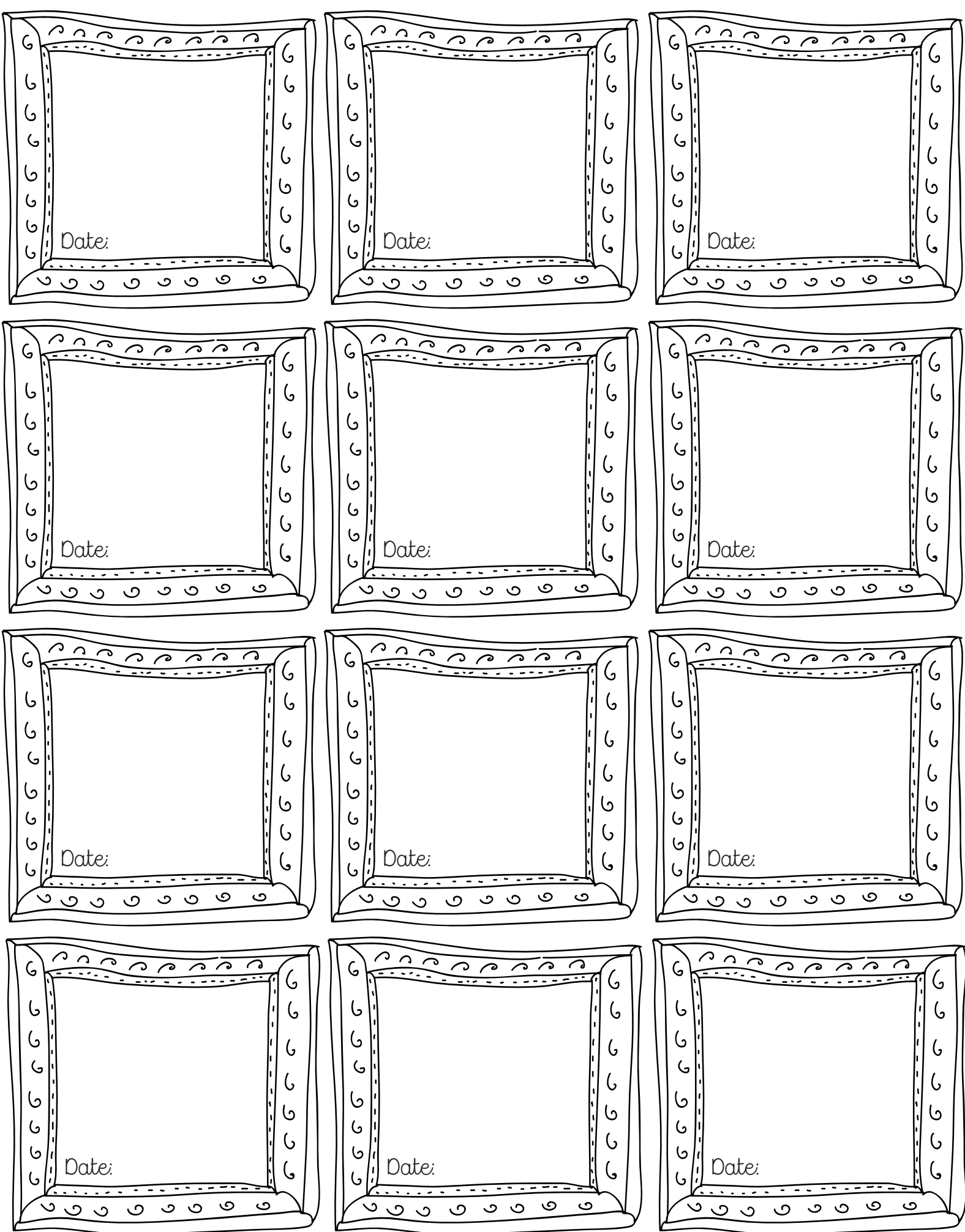


PRINT YOUR JAR OF JOY STICKER ON WHITE PAPER AND COLOUR IT IN OR PRINT IT ON COLOURED PAPER. CUT YOUR STICKER ON THE DOTTED LINE AND PASTE IT ON YOUR FAVOURATE TIN OR JAR.



There are so many things to be grateful for. It is those small things that make life worthwhile.
Remind yourself of those joyful moments, every day.
At the end of the year, empty your Jar of Joy and see what awesome stuff happened in 2016. Even on the 'not so good' days, you can reach into your Jar of Joy to read, and see what wonderful moments you have had!
We hope that you enjoy your Jar of Joy as much as we do.
Blessings for 2016 and may your Jar of Joy overflow!



WRITE DOWN SOMETHING THAT MADE YOU HAPPY EVERY DAY; NOTES, MEMENTOS AND EXPRESSIONS OF JOY. AT THE END OF 2016 YOU WILL SEE HOW MANY AMAZING MOMENTS YOU HAD AND ALL THE WONDERFUL THINGS THAT HAPPENED.

